

KAWANDI QUILTING AND SLOW STITCHING

by Karen Bachofner

SUPPLY LIST

Kawandi is a unique style of patchwork quilting dating back to the 15th century by Siddi women. Beginning in Southeast Africa, these people escaped slavery and migrated to India where they now reside.

The Siddi's go through an interesting process that makes their style of quilting distinct. In this workshop you will be creating your own individualistic piece all done by hand.

We will learn the history of these amazing Siddi women and the unusual and fascinating way they create their patchwork quilts.

A lot of freedom picking your colors, creating your pieces and quilting as you go. Join us for a day of Fun and Soulful Stitching!!

SUPPLIES:

Batting:

Warm and Natural, Warm and Natural Plush, a piece of flannel, cotton gauze, If you have a scrap at home use it. We can also provide a piece of batting for you from the shop.

You have a choice of two sizes:

Small: 12" X 18" (sample: drawstring bag) Large: 20 x 28" (sample: Table topper)

If you choose to make the drawstring bag you will need a piece at least 12" x 18". If you choose to make the table topper you can vary the size. I wouldn't go too much smaller

Backing:

Whatever size quilt you choose to make- cut your backing the same size.

Small: 12" x 18" Large 20" x 28"

Top Fabric:

Bring fabrics you want to use for the top - scraps, jelly rolls or pieces that you are happy to cut up. On my samples I have chosen a focus fabric and then chose colors to go with that. The more fabrics you use the more interesting the quilt will be. Also, it's fun to share some of your scraps with your fellow quilters.

Thread:

Embroidery Floss (DMC, Cosmos, or whatever you have).

Perle Cotton— Size #8 or #12

(The most popular Perle Cotton weight is #8. This is what I generally use. The larger the number the finer the thread.

Needles:

I have some suggestions for you and needles are I think a personal choice - what works best for you. There are several kinds of needles that I recommend. Some are: John James, Primitive Gathering, Bohin, DMC and Clover to name a few.

Embroidery Needle #7 Chenille/Wool Applique #22

The #22 has a bigger eye which will accomodate the Perle Cotton and the Embroidery Floss very easily. The #7 embroidery needle has a smaller eye and I usually have to use a needle threader.

Thimbles:

If you use one I suggest bringing it with you.

Pinning

Fine Patchwork pins, short applique pins or flat headed pins to hold scraps in place. You can also use a fabric glue stick if you prefer.

Finger pressing:

The scraps need to have a hem folded under. This can be done by finger pressing. Pinning or by using a wooden or plastic seam roller. Again, personal preference.

Scissors

Bring fabric scissors and thread scissors.

Refreshments

We will be taking a lunch break. Feel free to bring a lunch with you. We have a microwave, and refrigerator available. There are also several fast food restaurants near the store.

What to Prepare before class:

Bring the above listed supplies. If you want to do some preparation you can cut scrap pieces in different sizes. It is fun to vary the sizes and shapes. If you go on Pinterest and type in "Kawandi" you will see so many beautiful exmples of what you can create.

You Tube Video**Kawandi Quilt by Kieren Dutcher**

<https://www.youtube.com/watch?v=yFd0xEfKeto>

Big Stitch Quilting by Wendi Gratz

<https://www.youtube.com/watch?v=2bpAIKbYd68>